



# PROBUS Club of Durham West

[www.durhamwestprobus.org](http://www.durhamwestprobus.org)



Happy  
Labour Day,  
September 6<sup>th</sup>,  
2021!

## President's Message

In last month's newsletter I had mentioned that the club's management team was considering how and when to restart in-person meetings. We are continuing to do that and will continue with virtual, Zoom meetings monthly. The room that we normally use for our general meetings continues to be unavailable.

While the pandemic has caused a lot of changes in the way the club operates, we have continued to offer opportunities for socializing virtually. The weekly coffee and chat group will start up soon for instance. We are looking for someone to act as "host" for that group. This could be monthly. Then we are arranging a trivia game challenge for one evening a week for four consecutive weeks. We are looking for someone to "host" that as well. There are many other activities that could be considered. Why not come up with one of your own?

*Byron Simmons, President*

September 2021  
PROBUS Monthly Meeting  
via Zoom September 9<sup>th</sup>,  
2021

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The monthly General Meeting for The PROBUS Club of Durham West Zoom identifier and passcode will be emailed out to members with this newsletter.

Please check out the PROBUS Club of Durham West website

<http://www.durhamwestprobus.org>

For information on other PROBUS Clubs in Canada go to <https://probus.org> and for International Clubs go to <https://probusglobal.org>.

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## September SPEAKER

**Sarah Vaisler**, Chief Librarian & Executive Officer of Ajax Public Library



Sarah will speak about the services and programs the Ajax Public Library currently offers including those which are specific for older adults. She will also brief us on the Library's future plans to make the Ajax Library a community hub for information, education and social interaction.

Sarah Vaisler joined the Ajax Public Library in March 2020. Prior to that she was working with Clarington Public Library as the Deputy Director. Sarah is committed to ensuring that public libraries remain relevant and welcoming destinations for all community members. By providing resources, technology tools and support, Sarah believes that libraries can help people reach their full potential.

Sarah holds a Master of Information Studies from the University of Toronto and a Bachelor of Business Management from Dalhousie University.



## MEMBERSHIP



Our newest members of the PROBUS Club of Durham West are Sue Geddis, Donna Castanheiro, and Janette O'Doherty. Welcome, Sue, Donna, and Janette!

We have room for more members so encourage your friends and neighbours to come and join our club.

Remember, if you have a change of address, telephone number, or email address please contact us directly so we can keep the membership list up to date.

Keep healthy and safe,

Bonnie & Geoff Cutten  
Membership Chairs

## SOCIAL

### It is time to Putt fun back into your life.

**This event is restricted to fully vaccinated people for safety reasons.**

Social life has resumed, and so have we. The social committee has planned a way for you to **Putt** some fun in your life again. Grab your calendar and mark **Thurs. Sept. 16 at 1:30 pm** in red ink. Because that is the date for our first fun activity of the year.

**Who?** Up to 30 fun loving people

**What?** Miniputt

**When?** Thurs. Sept. 16<sup>th</sup>, 2021, at 1:30 pm

**Where?** Pickering Playing Fields, 1610 Bayly St, Pickering (west of Brock on the north side of the road....you can't miss the big plane)

**Why?** Because we finally Can!! We have spent a year and a half giving up fun activities, so it is time to start with small steps.

**How?** If you plan to join us, we will use the following procedure:

- 1) Send an email to Bernice Pyke at [billandbernicepyke@hotmail.com](mailto:billandbernicepyke@hotmail.com) indicating your name, email address and number of members you are booking spots for. (If your plans change, be sure to send another email notifying Bernice of the change.)
- 2) Keep an eye on the weather. This event will only be able to go ahead if it is not raining. An email reminder will go out the day before confirming the status of the event.
- 3) Show up a few minutes before the event. Have your payment ready. Each person will pay their own fee directly to the miniputt staff.
- 4) This step is a MUST...LAUGH...MEET NEW FRIENDS...MEET OLD FRIENDS...LAUGH SOME MORE...HAVE FUN!!!

Additional information

- 5) The cost for the miniputt will be **\$8.00** per person including tax. (If we do not have **15** people at the event, the price will go up to **\$8.50**) If you would like to stay on and play another round, the second round will only be **\$4.00**.
- 6) **You MUST wear a mask or face covering** while playing.
- 7) If you would feel more comfortable bringing along your own putter, feel free. Putters and balls will be provided.
- 8) Washrooms are available.
- 9) The snack bar will be open.
- 10) It normally takes about an hour to play a round of miniputt.

So, we are looking forward to seeing you at this first of many, we hope, social functions. Remember, this event is outdoors, with distancing and face coverings, so it is a great way to interact and yet be safe. Hope to see you there!!! **Be sure to sign up beforehand, though.**

**Social Ideas**

**1. DURHAM REGION FILM FESTIVAL (DRIFF)** <https://www.driff.ca/>

Whitby Municipal Building, 575 Rossland Rd. South parking lot Aug. 26, Sept. 9, Sept. 30 \$15/vehicle This drive-in format celebrates Canadian stories and film-makers.

Thanks to the Oshawa Probus for this tip!

**2. IMAGINE DRAGONS, CASA LOMA** <https://casaloma.ca/>

Wednesday-Sunday, 6-10pm, This self-guided, 2 km outdoor walk through the grounds of Toronto's famed "castle" offers dazzling light displays and interactive performances. Advance on-line tickets are \$35 per person, and on-site tickets are \$40 per person, subject to availability.

**3. VICTORIA COUNTY STUDIO TOUR** <https://victoriacountystudiotour.com/>

121 Francis St. E, Fenelon Falls, 705-887-2229 Sept.25-26, Oct.2-3 This wonderful route through the Kawarthas has showcased a changing mix of artists working in various mediums (paint, glass, wood, metal, clay, photography) for some 30 years. Covid safety procedures in place, you can explore the route at your own pace, enjoy the changing colours of the leaves and stop at local shops and restaurants along the way. Go to the website for details about participating artists and a route map. This event gets two thumbs up from Linda Bray!

4. **Beyond Monet** <https://monettoronto.com/>

Runs from August 12 to Oct 3 at the Metro convention centre located at 255 Front St W. Tickets start at \$40.00.

**Beyond Monet** promises to break conventions with this spectacular audio-visual journey through impressionism. A three-part multi-sensory experience that combines music, sound effects, and projection, **Beyond Monet** brings guests on an unforgettable journey through the artist's most iconic works. Featuring masterpieces such as **Poppies**, **Impression: Sunrise**, and the iconic **Water Lilies** series, guests will become one with the paintings as larger than life projections of Monet's works swirl around the space, immersing the viewer in colour and light, and bringing art to life in front of our eyes.

5. **West Ben** – [www.westben.ca/events](http://www.westben.ca/events). Tickets are selling quickly. Check out the website for their new fall lineup and new open-air venues.

6. **Little Canada** <https://little-canada.ca/>

Who remembers visiting Cullen Gardens miniature village in Whitby? They now have a recently opened Little Canada in Toronto.

Little Canada is a journey of discovery through a vast, highly detailed and animated miniature attraction. From captivating vistas to famous landmarks, iconic cityscapes and little stories, explore and celebrate Canada under one roof, in the heart of downtown Toronto.

Little Canada is located in the heart of downtown Toronto at 10 Dundas East, across the street from Yonge-Dundas Square and The Eaton Centre.

## ACTIVITIES

If your groups are meeting in person please note that all PROBUS members and guests participating in in-person activity groups must be fully vaccinated.

Some Activity Groups continue to conduct their meetings using the club's ZOOM account. If your group decides to meet by Zoom, the group leader can contact me for the user i.d. and passcode. Zoom is a great way of keeping in touch and sharing your interests.

Coordinating an interest group can be rewarding as it keeps you in touch with your group members. It also allows you the opportunity to send in an article for the newsletter.

Groups Requiring a Coordinator:

Marathon Bridge - will be required whenever the group can meet in person

Activities Chair June Booth, [jdbooth52@yahoo.ca](mailto:jdbooth52@yahoo.ca)

**Sharing Our Recipes** “It’s Peach time again!” Last year I found a fabulous recipe for freezing peaches in ZipLock bags. “**The Big Guy**” has been pacing and watching for the peaches to start showing up in the stores and he is planning for a massive number of peaches in the freezer this winter. He tells me he has plans!

The important ingredient for this recipe is the small bottle of **Fruit Fresh** that you need to stop the peaches from discolouring. Lemon juice just doesn’t quite do the full job! It is sometimes difficult to get **Fruit Fresh**, but I found it in the **W** store in the same area where they were selling the canning jars. Some local grocery stores carry the product as well.

I found this recipe in a community fundraising cookbook, and I have adjusted the recipe down from 1 case of peaches to two 3L baskets. Last year the peaches were large and juicy, so I used two 3L baskets for one recipe. This year the peaches are smaller so I will use three 3L baskets to make one recipe. I have also reduced the amount of sugar from the original recipe, but you should judge by the sweetness of the crop of peaches for the year.

### **Frozen Peaches**

2-3 baskets of peaches 3Litre size  
2 cups of sugar  
½ can crushed pineapple  
½ cup pineapple juice  
½ can frozen Minute Maid orange juice concentrate

Juice of 2 lemons  
1 ½ Tbsp Fruit Fresh (to stop browning)

Heat the fruit juices, pineapple and sugar to dissolve all the sugar. Set aside.

To remove the skins of the peaches, use a large pot with boiling water. Scald 5-6 peaches for 1 minute in the boiling water then immerse them in icy cold water. The skins of the peaches will just slide off!

Remove the seed inside each peach and slice the peaches into the liquid. At last, add the lemon juice and Fruit Fresh then stir well.

Measure 2 cups of peach slices with juice for each ZipLock bag. Remove all the air from the bag and seal.

Serve slightly frozen for a slushy type of dessert or serve completely thawed for a fruit cup.

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“**The Big Guy**” recommends a shot of rum to make a **Peach Rum Slushie**.

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## **BOOK CLUBS**

### **WORDS WORTH READING BOOK CLUB**

In September, the book club will be discussing the novel "Eleanor Courtown" by Lucy Black, a Durham educator and Canadian author. The book is a work of historical fiction that takes place in the late 1800's about a young woman of privilege who leaves home in secret to follow her cousin from Ireland to rural Ontario. Weather permitting, we hope to meet in the backyard of one of the members where we will be able to safely distance.

Contact: Jean Jackson at [jeanej@rogers.com](mailto:jeanej@rogers.com) or 905-420-6410.

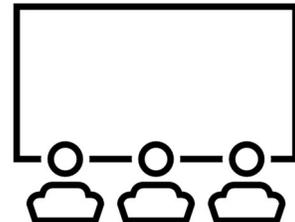
### **BOWLING**

We are going to continue to put our monthly bowling afternoons **On Hold** until further notice. I will keep you all updated. Take good care,

Bonnie Cutten  
[bcutten0809@rogers.com](mailto:bcutten0809@rogers.com)

### **CINEMA CLUB NEWS**

For further information please contact: Karen Dryden at [kdryden2852@gmail.com](mailto:kdryden2852@gmail.com) or Anne McKenzie, at [AnneL.Mckenzie@gmail.com](mailto:AnneL.Mckenzie@gmail.com)



### **CREATE AND CHAT**

Another outdoor meeting was held in August and we enjoyed a lovely summer day with lots of chat and catching up. I think we could probably continue outdoors for September, meeting on the north side of the park between the bandshell and Pickering Central Library at 1pm on Monday, September 20th. There is usually plenty of street parking as well as the parking lot on The Esplanade S. I will send out a reminder the week before.

Remember to wear your nametag and bring along a chair, mask and your current work or finished articles to show.

Please contact me for further information.  
Contact: Sharon Marshall [oxford9390@gmail.com](mailto:oxford9390@gmail.com)

## **NATURE LOVERS**

My plan was to hold a Nature Scavenger Hunt at the Toronto Zoo this September on their Seniors Day. However, the Toronto Zoo is not holding a Seniors Day this year due to COVID 19. I will plan for a spring Car Rally Nature Scavenger Hunt and fall Toronto Zoo Nature Scavenger Hunt in September 2022!

Last spring, I held an online Nature Lovers 10-week quiz with prizes awarded to the top 3-point holders.

This fall, starting Friday, September 10th and running until November 15th I will hold another 10-week Nature Lovers Quiz with 3 top prizes awarded to the persons with the most points. I hope all you Nature Lovers will participate. All Nature Lovers will have received an email from me in mid-August outlining the rules. Best of Luck!!

Geoff Cutten

## **NIBBLES AT NIGHT**

On August 6, 2021, the Nibbles group was hosted by Sue Porter. Sue kindly invited the group to her lovely cottage where we all enjoyed a gentle breeze sitting by the water on a beautiful sunny day sharing lots of stories and laughter. We thank Sue very much for her warm hospitality and Glenn Fraser for taking these great pictures. We all look forward to our next Nibbles gathering.

Fran Griffin, Nibbles Co-Ordinator, [frangriffinhome@gmail.com](mailto:frangriffinhome@gmail.com)





Nibbles at Night, Photos by Glenn Fraser



Nibbles meeting at Sue Porter cottage, Fenelon Falls, Aug 6<sup>th</sup>, 2021.

## **Photos by Snapped Photography Group**



Wildlife Hiding by Alan Dryden



Colonel Danforth by Lorna Smith



White tail snacking by Alan Dryden



Group photo on bridge by Bonnie Cutten

## **SNAPPED PHOTOGRAPHY CLUB**

Our Snapped club has been on 2 outings since our last newsletter. We have a few pictures to share with you. Our July outing was to Colonel Danforth Trail. Some members were fortunate to both see and capture pictures of the herons and deer. It was a lovely day to spend time together with 8 Snapped members.

Snapped is an amateur photography club where all levels are welcome. If you are interested in joining Snapped, please contact Lorna Smith, [lsmith1@bell.net](mailto:lsmith1@bell.net)

## Wednesday Walking Group



Wednesday Walking Group, August 4<sup>th</sup>, 2021.

Come walk with us each Wednesday at 10. We walk different trails each week. Most are paved and have washrooms available. We walk for an hour. We have people who walk fast and those who prefer to walk slowly, so I am sure you would find others who want to walk at your pace. We generally meet a few minutes before starting time so that we have time to chat. People often stay behind to chat with those who they did not walk with. So, if you have been waiting for cooler weather to walk, sign up to get on the weekly location list. No need to commit to walking each week. You just show up when you can join us. No pressure at all!! Looking forward to seeing you on our walks!!

Bernice Pyke  
[billandbernicepyke@hotmail.com](mailto:billandbernicepyke@hotmail.com)



Registration for September Craft Crate opens September 21 at 9am for a Cross-stitch embroidery starter kit. All supplies will be provided

See the local news at the summer edition of the Link Newsletter  
[https://view.publitas.com/ajax/55plus-link\\_newsletter\\_summer-2021/page/1](https://view.publitas.com/ajax/55plus-link_newsletter_summer-2021/page/1)



Classes beginning September 7<sup>th</sup> where you can join outdoor group fitness programs that include Yoga, Zumba, Bootcamp Fit or Stay Strong & Keep Fit. Open-air energized settings with 2m physically distanced workout spaces at various locations, for schedules and registrations, go to <https://www.ajax.ca/en/play-and-discover/fitness-programs.aspx#September-7---October-4-2021> .

Ajax Library offers free, every Thursday, Stay Connected Training which gives you one-on-one technology training by Zoom video chat or phone in for one hour sessions. Advanced registration is required, 905-683-4000 ext 8813. Appointment times available at 10:00 a.m., 11:00 a.m., and 12:00 noon.

*(The following letter has been edited to fit- Editor)*

**Subject:** Community Memory Collection by the Culinary Historians of Canada

The Culinary Historians of Canada is pleased to announce a new project, sponsored by a grant from the New Horizons for Seniors Program.

Just a Bite: Summer Food Memories from Ontario Seniors will be a collection of food memories from summers long past, a project to preserve and share youthful memories of meals eaten, gardens harvested, festivals celebrated, country fairs attended between the summer and fall equinoxes. We hope to hear from as many individuals, cultural groups, and geographical areas as possible around Ontario. While its final forms are still undetermined (booklet? website? recipe box? recurring program?), the collection is to be a repository of historical food memories for future researchers.

We have written a set of questions to elicit these summer food memories from participants. Please email me at [elaine.lievaart@ajaxlibrary.ca](mailto:elaine.lievaart@ajaxlibrary.ca) or call 905-683-4000 ext. 8806 for a PDF version of the same booklet: 1) the "Just a Bite fillable" can be answered by clicking into each onscreen text box, and 2) the "Just a Bite printable" can be printed for handwritten answers. Which one you use is your choice. Or we would be happy to mail one or multiple paper copies to you.

Over the summer of 2021, the Just a Bite booklets will be shared widely among seniors' groups, cultural groups, clubs, institutions, associations, and service organizations. Please feel free to forward and share the booklet with members, colleagues, friends, and family. All memories welcome!

The date to return filled booklets is 30 September 2021 to either [justabite@culinaryhistorians.ca](mailto:justabite@culinaryhistorians.ca) or Culinary Historians of Canada, Box 149, 260 Adelaide Street East, Toronto, ON M5A 1N1.

Thank you for your participation,

Elaine Lievaart